

My Vision Board Board Journal



Style is a method
of expressing
yourself without
having to say
anything.

Journal

Date: _____

What is the vision you have for your life?

Journal

Date: _____

What are your biggest dreams?

Journal

Date:_____

What categories are on your vision board?

[illegible]

Journal

Date:_____

What areas of life do most of your dreams exist?

[illegible]

Journal

Date:_____

List the first 5 things on your vision board.

[illegible]

Journal

Date:_____

Do you have a plan to achieve these things?

[illegible]

Journal

Date: _____

What is your vision for your career?

[illegible]

Journal

Date:_____

What is your vision for abundance?

Journal

Date: _____

What is your vision for health?

Journal

Date: _____

What is your vision for your appearance?

Journal

Date:_____

What is your vision for love and relationships?

[illegible]

Journal

Date:_____

What is your vision for your lifestyle?

Journal

Date: _____

Have you ever made a vision board before?

Journal

Date:_____

What do you love about the concept of a vision board?

[illegible]

Journal

Date:_____

What words or phrases describe what you want?

[illegible]

Journal

Date:_____

What are some BIG dreams you have always had.

[illegible]

Journal

Date: _____

What has kept you from these dreams?

Journal

Date:_____

If you could choose any one dream, what would it be?

[illegible]

Journal

Date:_____

How motivated are you to achieve your dreams?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Journal

Date:_____

Make a list of affirmations for your dream.

[illegible]

Journal

Date:_____

What affirmations will you put on your vision board?

[illegible]

Journal

Date: _____

Do you prefer a printed or digital vision board?

Journal

Date: _____

Where will you place your vision board?

Journal

Date:_____

What was the first vision board you ever created?

[illegible]

Journal

Date:_____

Make a plan for this new vision board.

[illegible]