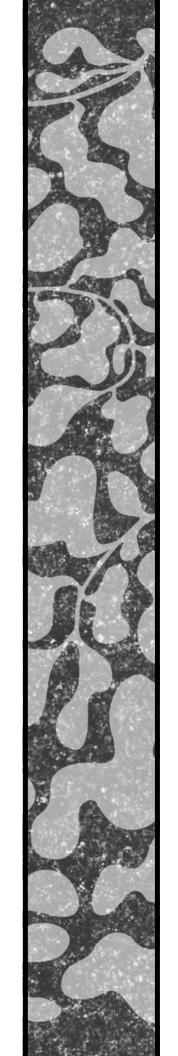


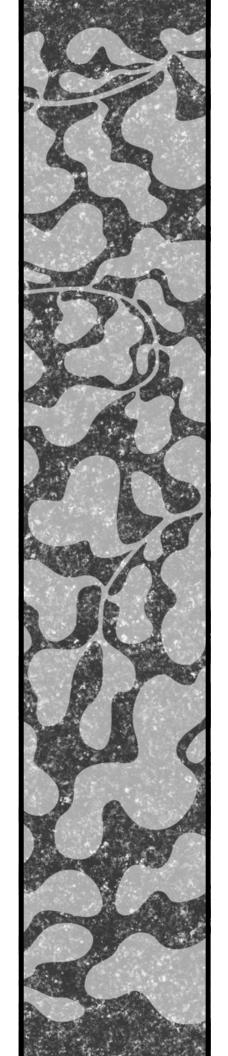
1 INCH SPINE



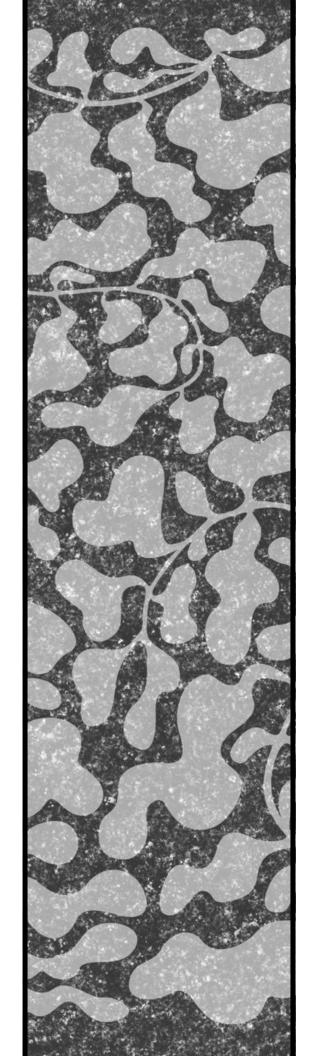
1 & 1/2 INCH SPINE



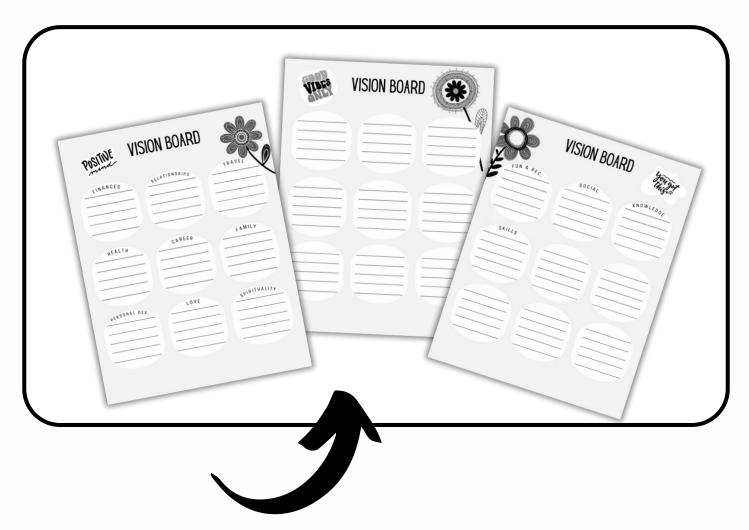
2 INCH SPINE



3 INCH SPINE



VISION BOARD PLANNER PAGES



The following vision board pages are for you to jot down quick tips, notes, to do's, affirmations or any short term goals to keep you moving toward your ultimate final destination in this journey.

You can reprint these pages every week, month, or quarter to update them and stay consistently moving toward your end goal!





POSITIVE VISION BOARD



FINANCES	RELATIONSHIPS	
HEALTH	CAREER	FI
PERSONAL DEV.	T O N E	SPIR

VISION BOARD



FUN & REC.	SOCIAL	KNOWLEDGE
SKILLS		



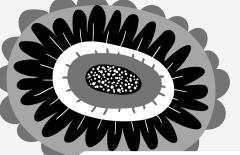
VISION BOARD



DAILY VISION PLANNER PAGES



The following Daily Vision Planner pages are meant to be printed and viewed in a two page spread view as shown in the image above.



DAILY VISION

8 3 5 6 6 6 MOOD GOALS TOP PRIORITIES DAILY AFFIRMATION WATER TRACKER FOOD NOTES Lunch

PLANNER

APPOINTMENTS		
WORK TASKS		
_		
_		
_		

DATE		J.
MEETINGS		-
		-

PERSONAL TASKS	
_	



MONTH:					
MONDAY					
TUESDAY					
WEDNESDAY					

THURSDAY (
FRIDAY \bigcirc		
SATURDAY	SUNDAY	

YEARLY PLANNING

JANUARY

FEBRUARY

MARCH

APRIL

MAY

JUNE

JULY

AUGUST

SEPTEMBER

OCTOBER

NOVEMBER

DECEMBER

QUARTERLY PLANNING

QUARTER 1 QUARTER 2

QUARTER 3 QUARTER 4

BRAIN DUMP



MIND MAP



WEEKLY VISION JOURNAL

WEEK OF:



THINGS THAT MADE ME HAPPY THIS WEEK:
THINGS I AM GRATEFUL FOR THIS WEEK:
SOMETHING I WANT TO IMPROVE NEXT WEEK:

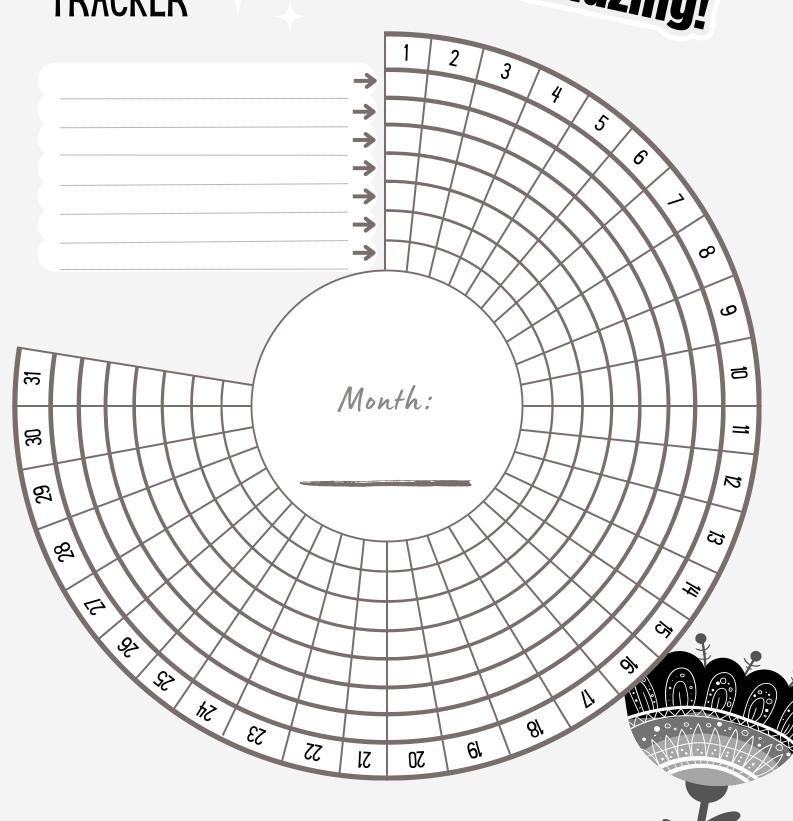
SOMETHING I AM LOOKING FORWARD TO NEXT WEEK:

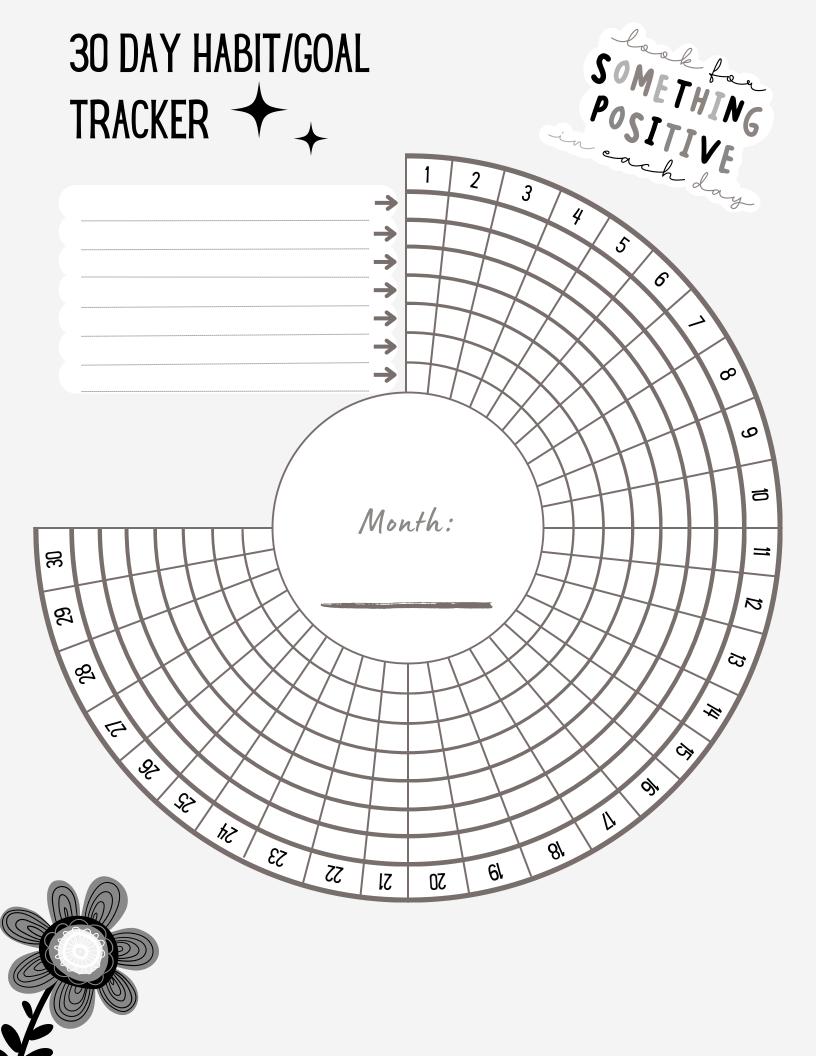
OTHER THOUGHTS (things you are grateful for and/or positive aspects of your life):

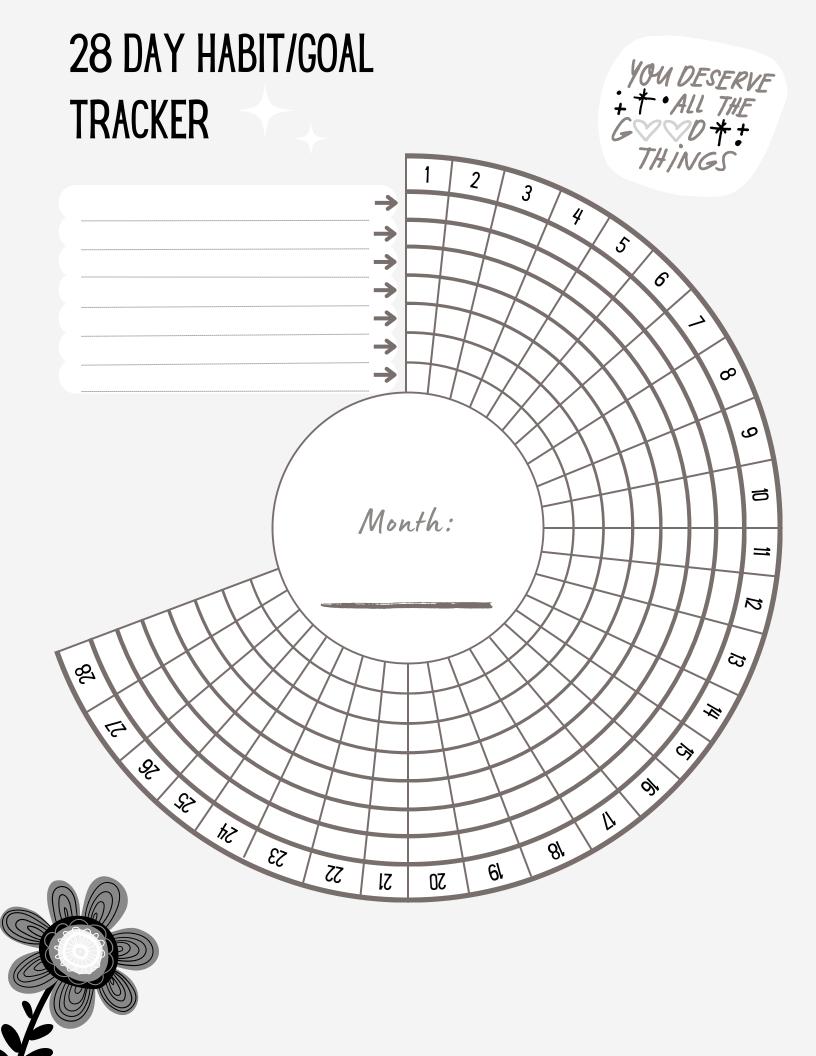


31 DAY HABIT/GOAL TRACKER







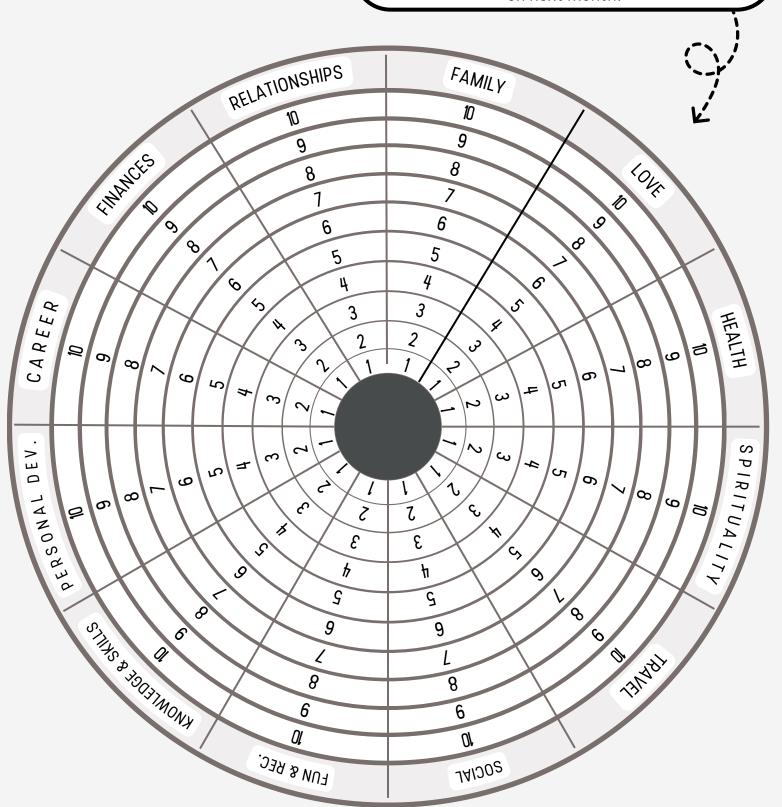


VISION BOARD WHEEL OF LIFE

At the end of every month rate your satisfaction with where you are currently in each of your individual vision board categories.

1 = Dissatisfied 10 = Highly Satisfied

This will help you understand what you need to focus on next month.

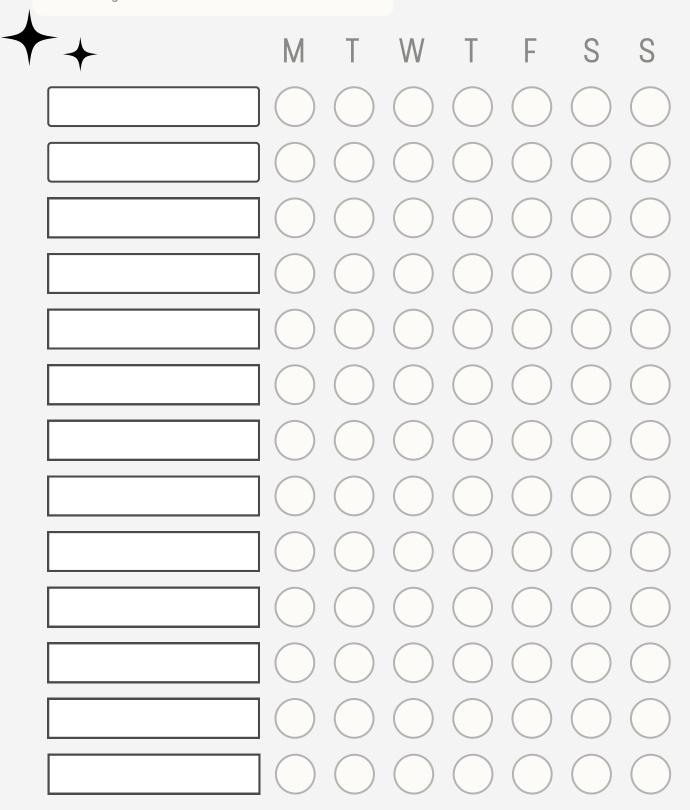


SELF CARE TRACKER

you deserve a good day

Plan & record your self care activities to make sure you take care of your physical & mental well being.

WEEK OF:



DAILY REFLECTION



DATE:

What were my major accomplishments today?



What challenges did I face and how did I handle them?



What did I learn today?



What am I grateful for today?



What brought me joy or made me smile today?



How did I feel physically and emotionally throughout the day?



Did I make progress toward my goals?



What could I have done differently to make today better?

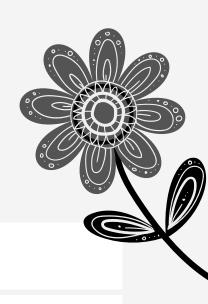


What did I do to take care of my physical and mental well being today?



What am I excited about for tomorrow?

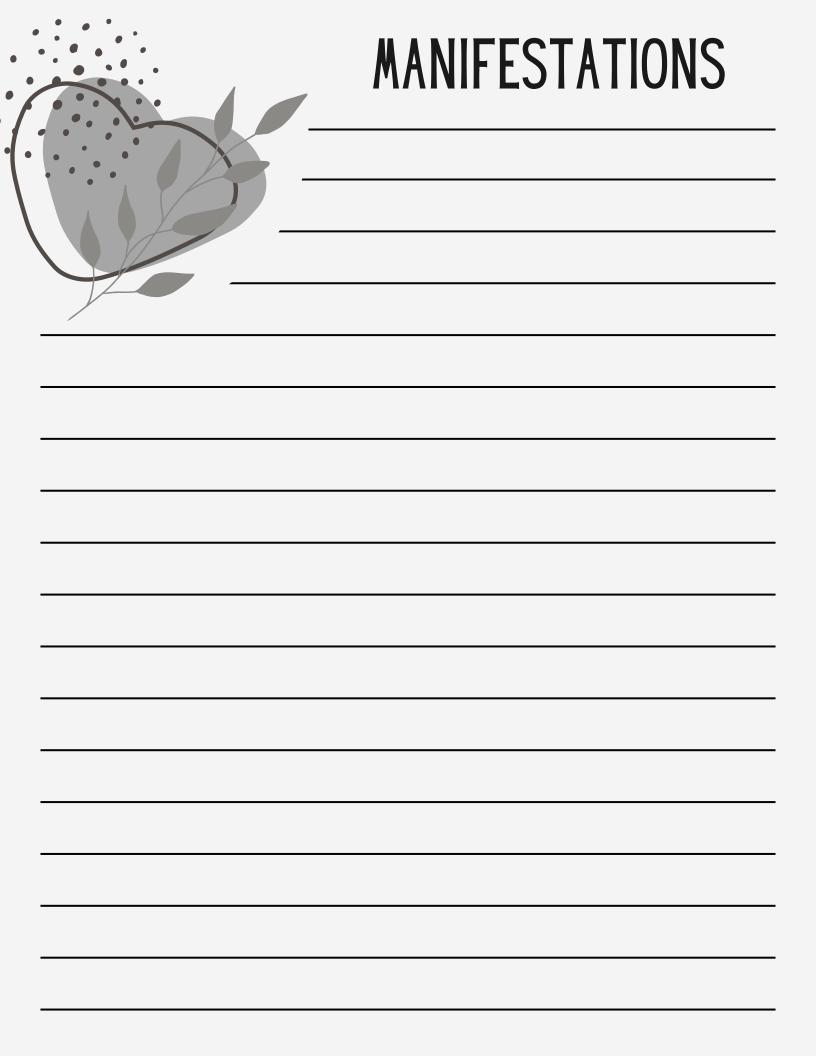


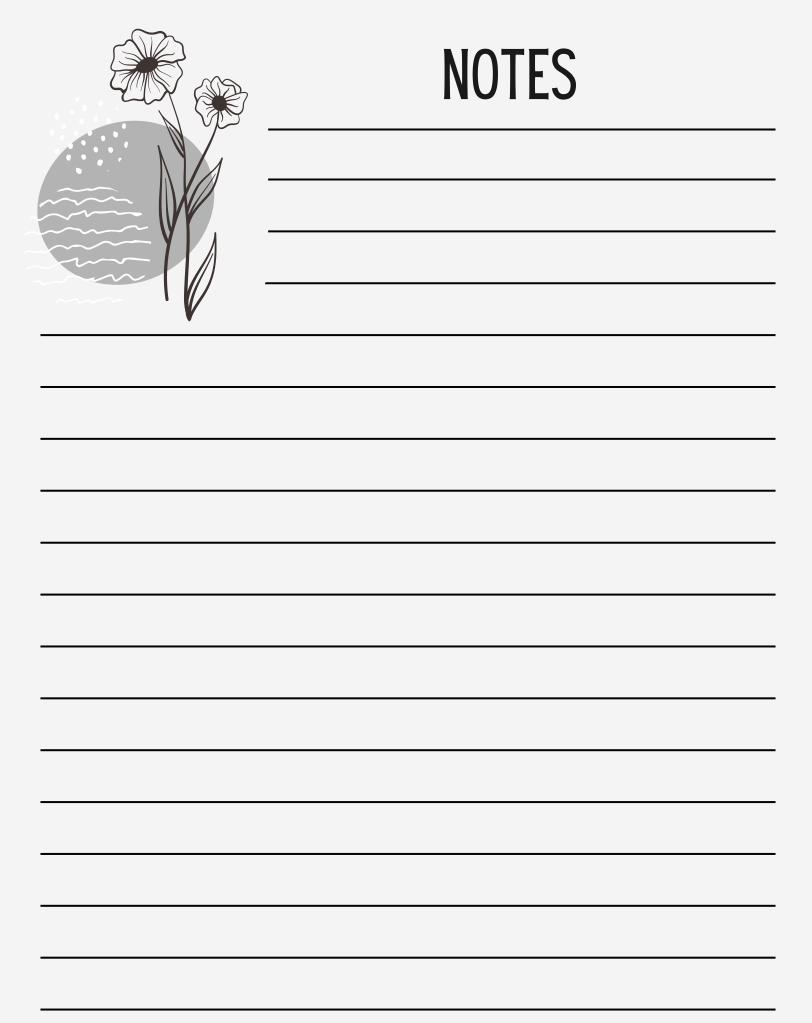




GOAL PLANNING

	GOAL:		
	REASON	MOTIVATION	STEPS TO TAKE
	NOTES:		
١,	GOAL:		
	REASON	MOTIVATION	STEPS TO TAKE
5 K 7 7 7 2 8 5	NOTES:		







LETTER TO MY FUTURE SELF



This should be a letter to yourself to be opened at the end of the year. You should give some details of your vision of where you hope to be in life at the end of this year.

TODAY'S DATE:	OPEN DATE: