



20 Questions to Ask Your
**Loved Ones to Keep
Their Stories Alive**

Have you ever wondered
how you can keep your
loved ones stories alive?



You can keep their spirit
and legacy alive!





**Here's how to prepare
for the conversation...**



1

Decide if you want to share
the questions beforehand.



2

Ask for permission to
interview your loved one.



3

“Tell me more.”



4

Leave room to answer.



Conduct the interview
in a setting with few
distractions.



Here are **20 questions**
to ask your loved ones
to *keep their stories*
alive...

1. Tell me about your
childhood.



2. What did you love to do growing up?



3. What do you remember about your parents?
Can you tell me about any stories they used to tell you?



4. What traditions have been passed down in your family?



5. How did your life change when you had children?



6. What's the biggest risk you've taken in life that didn't pay off?



7. What's the biggest risk you've taken in life that did pay off?



8. How did you learn to define success? What is the meaning of success to you?



9. Is there anything you wish you did differently in life?



10. What are three events in your life that shaped who you are today?



11. What is your greatest accomplishment in life?



12. Have you ever had your heart broken? Can you tell me about that and what you learned from those experiences?



13. What have you learned about falling in love?



14. What have you learned about healthy relationships with others?



15. What topics are the hardest for you to talk about? Why?



16. How would you like to be remembered?



17. What time in your life have you felt most alone? What did you learn from that experience?



18. In what ways has your life been different than what you imagined it would be?

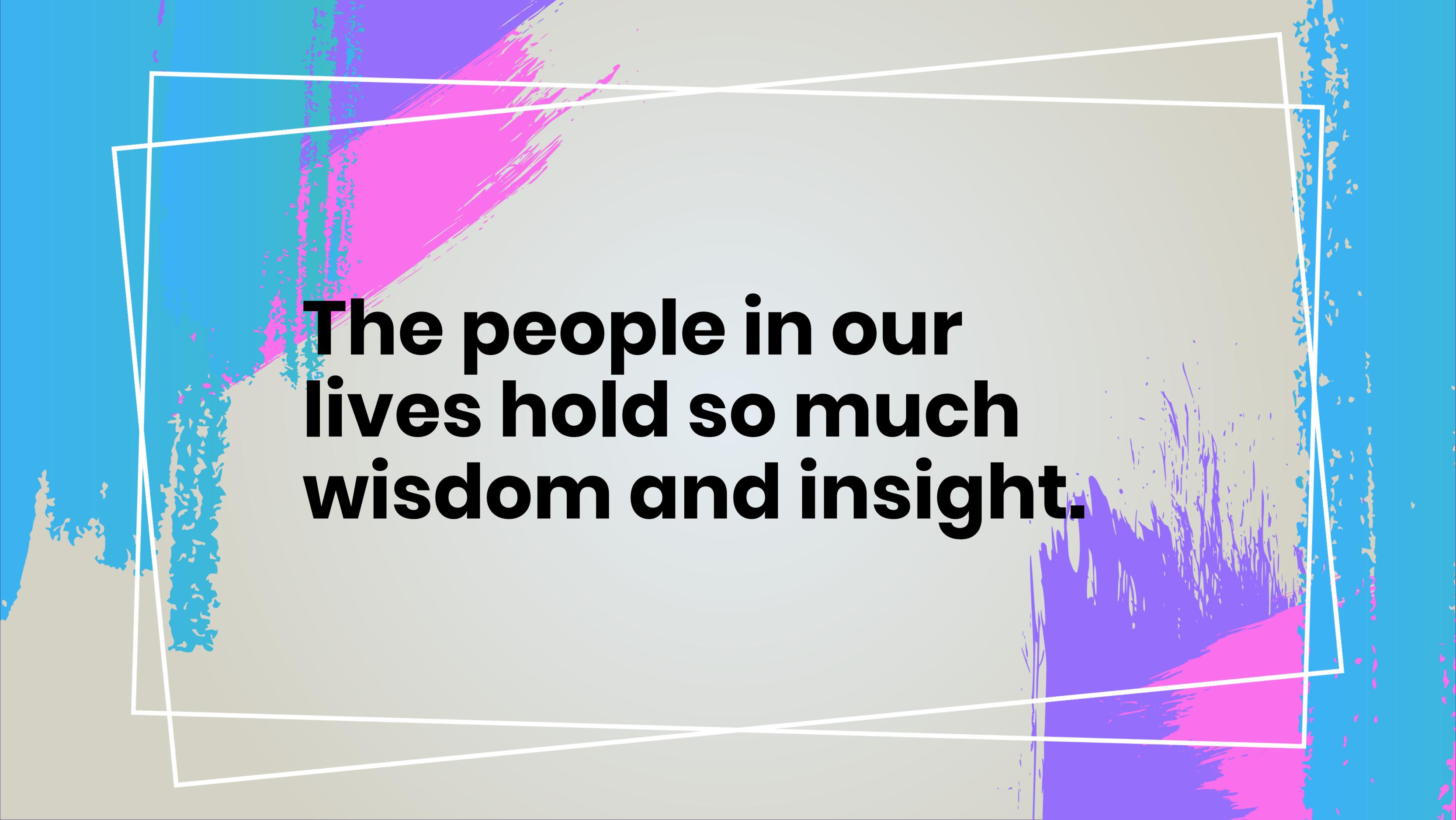


19. What did you fear most in life? What would you do differently if you woke up tomorrow with no fear?



20. If you could write a letter to your younger self, what would you tell them?





**The people in our
lives hold so much
wisdom and insight.**